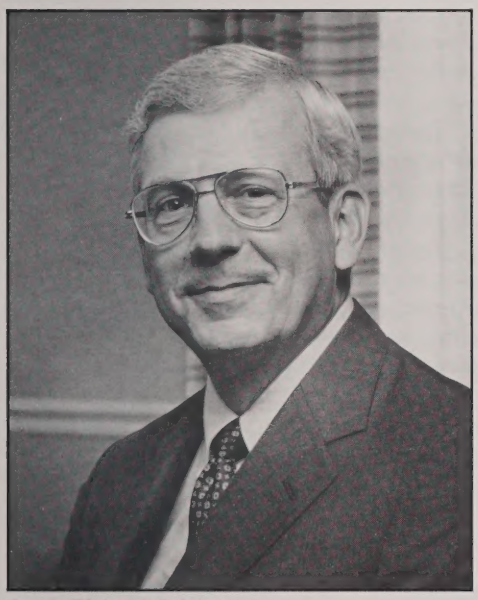
Deaconess Hospital

Pulse

New England Deaconess Hospital
185 Pilgrim Road
Boston, Massachusetts 02215

September/October 1989

Gaintner appointed new Deaconess president



Dr. J. Richard Gaintner

J. Richard Gaintner, M.D., has been named president and chief executive officer of New England Deaconess Hospital and its parent company, NEDH Corp.

Most recently, he was president and chief executive officer at Albany Medical Center in New York. He was AMC's first chief executive to direct both the 674-bed hospital and medical college and is credited with developing AMC into a regional, tertiary care facility. Additionally, he led a $27 million capital fundraising campaign.

Gaintner also has served as vice president and deputy director of the Johns Hopkins Hospital and as associate dean at the Johns Hopkins University School of Medicine in Baltimore. Previously, he held administrative positions at New Britain (Conn.) General Hospital and the University of Connecticut School of Medicine.

A graduate of Lehigh (Pa.) University and the Johns Hopkins University School of Medicine, Gaintner completed internship and residency in medicine at University Hospitals of Cleveland and a fellowship in hematology at Hopkins.

Colby Hewitt Jr., chairman of the board of NEDH Corp., says, "Dick Gaintner's election will assure the continuation of superb leadership at the Deaconess. His experience as chief executive of a highly successful medical center, as a practicing physician and professor of medicine bring absolutely critical skills to our hospital."

Hewitt adds, "At a time when we are confronted by increasing regulations, the need for successful strategic planning, and maintaining excellence in patient care, I think we will find our needs to be met superbly by Dr. Gaintner's 25 years of experience."

Gaintner has held academic appointments at Albany Medical College, the Johns Hopkins University Schools of Medicine and Public Health, and the University of Connecticut School of Medicine. He is a member of the American College of Physicians, the American College of Physician Executives, and the American Hospital Association. In 1987, he was named Executive of the Year by the *Capital District Business Review* in Albany.

Marriott Corp. chosen to provide food service

by Patricia A. Whalen

The Marriott Corp. has been selected to manage food service at the Deaconess. Marriott was chosen after an extensive study of the hospital's needs, services and goals.

"We chose Marriott because of its focus on quality and strong service orientation," says Dietetics director Carol Lang, who will continue overseeing both the food service and clinical divisions of the department. "Also, with an over $1 billion annual food budget nationally, Marriott has tremendous purchasing power, which enables it to purchase high quality food for the Deaconess at a very reasonable cost. In addition, the hospital now can tap into Marriott's resources and expertise in training, computerization and accounting."

The one-year contract gives Marriott responsibility for inpatient food service, the hospital cafeteria, coffee shop and catered events. Nutritional and patient care services will continue to be handled by the Department of Dietetics.

With the new Marriott management beginning in July, changes could be seen after the Fourth of July holiday weekend. These included different menu choices and relocation of silverware, napkins and other items from the serving area to the cafeteria. Subsequent changes include brewed decaffinated coffee, the Fresh Express—expanded takeout items such as sandwiches and salads and easier access to canned beverages—and a "Wellness and You" Program designed to meet the needs of the health-conscious consumers with low-fat, low-sodium, and low-cholesterol food choices. In the Cafe 90 Coffee Shop, an Early Bird Program will begin providing breakfast at 7 a.m. (rather than the current 9 a.m.)

(continued on page 3)

Lee reflects on his 30 years

Richard E. Lee, executive vice president and chief operating officer for the past 22 years, retires October 1. He joined the Deaconess as controller in 1959 and was assistant director and associate director before accepting his current position in 1967. A graduate of American International University in Springfield, he is a past chairman and life member of the Massachusetts Hospital Association. Upon retiring, he will become chief executive officer of Health Services of New England, a group purchasing organization serving 500 hospitals and health care facilities.

Lee recently told Pulse *editor Susan McGreevey about his years at the Deaconess.*

***Pulse:* Over the past 30 years, what would you say has been the biggest change in hospital administration?**

Lee: Back in the 1950s and 60s, the major focus in health care delivery was providing services. The message hospitals got from federal, state and local governments and from the general public was to take care of more and more people by continually expanding facilities. So, well into the 70s, we always were building something. The Deaconess always was full; there were waiting lists for patients, and there seemed to be an insatiable appetite for services.

Six years ago, when the federal government shifted Medicare to the DRG system, there was a complete reversal of expectations. Hospitals were to provide the necessary care, but at reduced, fixed costs. This also conflicted with the new trends in technology. The exciting new treatments and equipment that we needed to continue providing the best care were very expensive.

"I think the Deaconess has a great future. . . . Our excellent reputation is going to stand us in good stead."— Richard E. Lee

***Pulse:* How has the Deaconess handled this challenge?**

Lee: The Deaconess—like all other hospitals—has had to do some belt-tightening. Although it's been difficult, I think we've done better than most.

***Pulse:* Why?**

Lee: There are several reasons. One was and is the continuing cooperation between our medical staff and hospital administration. The physicians always are willing to listen to us—even when we have to bring them bad news—and to work with us in confronting problems. In addition, the senior administrators do an excellent job of articulating our message throughout the hospital, even when they have to carry out measures that aren't easy or popular.

For example, in April I was particularly impressed with the attitudes of our department heads and supervisors when I met with them to discuss our serious expense overruns. Although the steps we had to take were rough—downsizing departments, changing some benefits and services—the response I got in those meetings was fabulous. Since then, everyone has pitched in, working as hard as they could. We've seen a dramatic expense turnaround that is a credit to all who work here.

***Pulse:* Why did you choose to spend most of your career at the Deaconess?**

Lee: Because I truly believe there is no better place. Before I came to the Deaconess, I worked in public accounting and visited a great number of hospitals. Even then I found the Deaconess was my favorite place to come and work. You could feel the friendliness, the *class* of the place when you walked in the front door, and you still can today. I've enjoyed my years here—the good times and the bad. If I could do it all again, I'd do it at the Deaconess.

***Pulse:* What do you see for the Deaconess in the future?**

Lee: I think the Deaconess has a great future. We've always been able to maintain a balance between patient care and supporting our physicians' interests in research and teaching. That's been our secret, and it will help us prosper in the years to come. The general public is more educated and concerned than ever about high-quality care, and our excellent reputation is going to stand us in good stead.

September service awards

Congratulations to the following employees who celebrate their service anniversaries in September:

20 Years

Stephen Savilonis, Patient Transport
Nancy Sweeney, R.N., Surgical Services
Helen Smith, R.N., Nursing
Marilyn Boynton, R.N., Nursing

15 Years

Patrice Soule, Blood Bank
Mary Ann Figoni, Pathology/ Administration
William Campbell, Pathology
Thomas Carson, Building Services
Carnetta Springer, Nursing
Deborah Devers, Nursing
Shelley Northrup, Hematology

10 Years

Anthony Trunfio, Chemistry
Charmaine Lue, Nursing
Juliana Osborne, Nursing
Julie Hirtle, Deaconess Surgical Associates
Barbara Richards, Nursing
Paula Hayes, Staff Development
Roberta Abba, R.N., Intensive Care Unit
Jayne Sheehan, R.N., Triage
Joanne Plunkett, Cardiac Care Unit

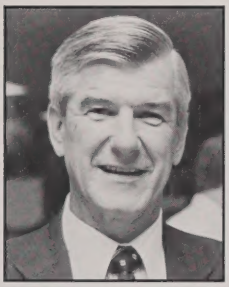
5 Years

Claudia Cabral, Hematology
Linda Gennari, Nuclear Medicine
Maria Santos, Microbiology
Mary Dunphy, Social Services
Jacqueline Benoit, Control Center
Paula McCormick, Hematology/ Oncology
Janet Gosness, R.N., Nursing
Steven Perfetti, Engineering & Maintenance
Angela Hall, Nursing
Lynn Dumas, Nursing
Leslie Shepard, Arnold Pain Center

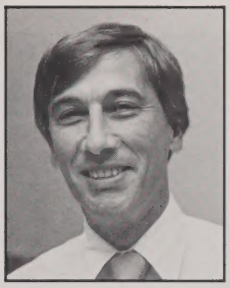
(This list was provided by Human Resources.)

What do *you* think of the new food service?

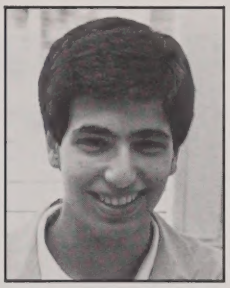
"It would be nice if they rotated the Fresh Express menu differently since I eat here on the same day each week."
Emilie Borek, volunteer.



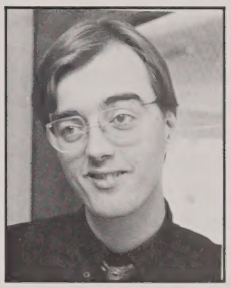
"I think it's excellent. The variety is great. And I particularly like the garnishes."
Alan Davis, vice president, External Affairs.



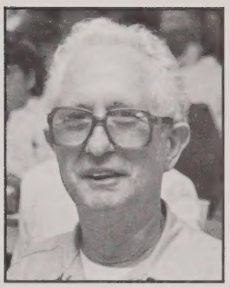
"They've added more flavor to the food. However, there is still room for improvement."
Guido Parisi, programmer, Information Systems.



"The seafood bisque is really good. A lot of people liked it."
Andrew Russo, volunteer.



"Traffic flow is much better and the food is pretty good."
Brian Skene, Media Services.



"I'm happy with the food. I especially like the sandwich counter and the new combo plates."
John Sutphin, electrician, Engineering and Maintenance.

"It's much better than before. There's more room and a better selection. But I miss the soft pretzels!"
Liz Tassinari, R.N., unit teacher, PCU.

Marriott *(continued from page 1)*

"It's an honor for us to be associated with the Deaconess," says Charles P. Kelsey, Marriott district manager. "The Deaconess's prominence in the Boston and national healthcare markets makes it a desirable place for Marriott to do business. One of the greatest attributes we've noticed here is the pride people take in their work and their strong hospital loyalty," he says. "It sets the Deaconess apart from other Boston hospitals."

Staffing levels with food service remain the same. Until the end of September, a Marriott opening team is on-site to address the transition needs. On a permanent basis, Marriott staff will include senior food manager Greg Mount, production manager David Nelson, retail services manager Barry Slotnik and executive chef Asi Akhtar.

"Our relationship with Marriott promises to be a very successful one," says Lang. "We both share the philosophy that quality food service should be provided at a reasonable cost, and we both place a high value on food service employees coupled with a service orientation to all customers."

"The new food service is much better—the food is far improved."
Joseph Zibrak, M.D., Pulmonary Medicine.

Just for the health of it

September programs focus on flu and injury prevention

by Marcia Tabenken

The Employee Health Clinic's "Just for the health of it" wellness program recently expanded, with activities focused on the prevention of illness and maintenance of a healthy lifestyle.

This fall's first offering is **"Here Comes the Flu."** Influenza or flu is a contagious respiratory disease caused by a virus which infects the lungs. Symptoms may include fever, coughing, chills, sore throat and nausea. The flu spreads through the air and via direct contact. Although most flu victims recover within a week, the disease can lead to serious complications in high-risk groups, including the elderly, children and people suffering from chronic conditions. Such complications include bacterial infections or—in rare cases—viral pneumonia, encephalitis, acute kidney failure and central nervous system disorders.

The best protection against the flu is vaccination. Throughout September and October, the EHC staff will visit departments throughout the Deaconess Hospital to administer the vaccine. Employees should check with department heads regarding dates and times for their areas or visit the Employee Health Clinic on Baker 3, weekdays from 8 a.m. to 3:45 p.m.

During **National Emergency Services Week** the Employee Health Clinic and the Triage Unit address prevention and treatment of accidental injuries. Staff will be in the Farr Lobby from Tue., Sept. 19 through Thu., Sept. 21, from 7 to 9 a.m., 11 a.m. to 1 p.m., and 2 to 4 p.m. The program includes informal discussions, displays and pamphlets regarding first aid, poisons, sprains and strains, cuts and scrapes, burns, child safety and more. For more information, call the Employee Health Clinic at ext. 2-8157 or the Triage Unit at ext. 2-8761.

Rehabilitation Services' new focus: Outpatient Care

by Susan McGreevey

When patients are discharged from the hospital in the early stages of recovery from surgery or illness, there is less opportunity for staff to accomplish necessary teaching and rehabilitative care. Services customarily provided to inpatients now must be delivered on an outpatient basis. During the past year, the Deaconess Rehabilitation Services Department has helped patients find specialized, post-discharge care in the most appropriate facilities, while shifting a significant portion of patient care activities to outpatient care.

For example, vascular surgery patients, many who undergo diabetes-related amputations, continue to be an inpatient specialty at the Deaconess. However, most of the post-surgical rehabilitation of amputees previously provided in the hospital, now occurs in a rehabilitation facility. It is important to match the specific needs of these patients with the most capable facility.

Dana Bennett, P.T., staff physical therapist, explains, "Procedures considered to be standard for someone who's lost a limb in an accident—such as the use of elastic bandages to control swelling—would be harmful for the diabetic patient with impaired circulation. The Rehabilitation Services Department developed a specialized program for these patients, but it has been difficult to find a rehab hospital that would follow our guidelines.

"For example, most hospitals don't like to use the particular prosthesis we prescribe. It's heavier and more cumbersome than the standard prosthesis but provides increased initial support and can be adjusted as swelling goes down," she adds.

John Lewczyk, physical therapist, guides Aleshia Hughes through a session on the Kin-Com. The new machine both exercises an injured joint and provides an objective measure of a patient's progress.

The solution was found at New England Sinai Hospital in Stoughton. "Their staff was very willing to help us," Bennett says. "They worked with us to learn our program and have set up a special unit for Deaconess patients."

The decrease in inpatient therapy for vascular patients has been offset by an increase in outpatient referrals from both staff surgeons and other local physicians. "We're seeing more sports injuries and general orthopedic patients than we used to," Bennett says. "And we can do more for them with our newest piece of equipment, the Kin-Com."

The Kin-Com provides a series of strengthening exercises tailored to the knee, ankle, shoulder, or elbow joints. In addition to generating resistance against which the patient works, the machine records the force exerted and provides an objective measure of progress. It also can identify areas where further work is needed. Kin-Com therapy improves both the shortening and lengthening strengths of muscles, compared to the use of simple resistance, which only exercises the shortening function.

"We see a greater variety of patients these days," Bennett says. "The orthopedic patients progress quickly. But chronic disease patients—especially those with progressive neurologic conditions—need gradual, long-term therapy to help them preserve functions they do have without becoming overly tired. It's challenging to work with such different patients; we have to keep up with the latest information and techniques. I enjoy it."

Cathy Owens, P.T., director of Rehabilitation Services, says, "Everyone in the department has done a great job coping with the recent changes. The group, which includes occupational and speech therapists, as well as physical therapists, is very cohesive. We're excited about how busy we are. Currently, we're only limited by the space we have, but our area will be enlarged this fall. We're finding that the more we expand, the more patients are coming to take advantage of our services."

Staff development programs

The following continuing education programs will be offered by Nursing Staff Development in the coming weeks. Unless otherwise indicated, all classes are open to nurses and other health care providers. To register, or for more information, call Staff Development at ext. 2-8819.

Preceptor Program, Wed., Oct. 4, from 8 a.m. to 4 p.m.

Back Injury Prevention, Thu., Oct. 5, from 1:30 to 2:30 p.m.

Suicide Prevention: Trained Sitter Program for Nursing Assistants, Mon., Oct. 9, from 11 a.m. to noon.

Breath Sounds, Wed., Oct. 11, from 1:30 to 2:30 p.m.

Empowerment in the Workplace, Thu., Oct. 12, from 9 a.m. to 3 p.m.

Preceptor Program Follow-up, Mon., Oct. 16, from 1:30 to 2:30 p.m.

Basics of Electrocardiography, Tue., Oct. 17, from 1:30 to 2:30 p.m.

Herpes Family, Thu., Oct. 19, from 1:30 to 2:30 p.m.

Atrial Arrhythmias, Tue., Oct. 24, from 1:30 to 2:30 p.m.

Angioplasty-PTCA, Thu., Oct. 26, from 1:30 to 2:30 p.m.

Hemodialysis patient beats the odds

by Christine Hickey

Jane Loiacano was the last person Diane Paine, R.N., hemodialysis nurse manager, expected would survive 10 years on hemodialysis. "When Jane came here in 1979, she was so sick and emotionally unprepared for this that I honestly didn't expect her to be here today," says Paine.

Dialysis patient Jane Loiacano, her husband Tony, and her niece Amanda arrive at a party held earlier this year to celebrate her 10 successful years on dialysis.

Now, Loiacano is so accustomed to the machines, the staff, and the inner workings of her body that she is able to dialyze at home. She instinctively knows when something is wrong. And she's always available to talk with other patients who may be undergoing dialysis for the first time.

"It is extremely rare for a patient with diabetes to survive on hemodialysis this long. In fact, Jane is our longest surviving patient," says Paine. The average life expectancy of diabetics on dialysis is about two years from the time treatment begins compared to five to 10 years for non-diabetics on dialysis.

Loiacano, 34, has had diabetes since she was 12, with her kidney failure in 1979. Three times a week, for three to four hours, a machine cleans her blood of excess fluid and waste products and balances body chemistry.

"Because Jane's diabetes has caused other complications, such as eye problems and neuropathy in her feet, and because—like all diabetics—she is at high risk to develop heart disease, her progress is even more remarkable," adds Paine.

"It hasn't been easy," Loiacano says. "I have lost sight in one eye and certain foods that I crave—such as Italian food—I just can't eat. But I have learned to cope and plan to be around for a long time."

A positive attitude, determination, and the support of family and friends has made the difference. "My husband Tony has been a rock; until I started treatments at home a few months ago, he and my father used to drive me back and forth to the Deaconess from Hingham three days a week," she says.

Loiacano also credits the nursing staff—many of whom she has known since her first day of treatment—for her success. "The nurses give you the personal attention you need. Sometimes I think they don't get the credit that they deserve. They are really wonderful people."

After it was determined her family members could not become kidney donors, Loiacano decided not to attempt kidney transplantation. "Change doesn't come easily to me, and a transplant just seemed like too much," she says. "Besides, dialysis doesn't bother me anymore, it has become a part of my life."

NEDH Newsmakers

• **Herbert Benson, M.D.,** chief of Behavioral Medicine and associate professor at Harvard Medical School, was interviewed about the relaxation response and stress reduction on the nationally syndicated "Home Show" which aired on July 27.

• **J. Richard Gaintner, M.D.,'s** appointment as president and CEO was announced on July 4th in *The Boston Globe* and a variety of local newspapers.

• **Jerome Groopman, M.D.,** chief of hematology/oncology and associate professor at Harvard Medical School, was interviewed by *The New York Times* (July 28) and *The Washington Post* (July 28) regarding the drug DDI (dideoxyinosine) and its effectiveness in treating patients with AIDS without causing toxic side effects. Groopman also was interviewed by WCVB-TV 5 (Aug. 4); WNEV-TV 7 (Aug. 4); *The Boston Globe* (Aug. 5); and *The New York Times* (Aug. 5) regarding new findings that AZT is effective in delaying the onset of AIDS in people with mild symptoms.

• **Ellison Pierce, M.D.,** chief of Anaesthesia and associate professor at Harvard Medical School, discussed possible causes for recent decreases in malpractice insurance and liability cases in anesthesiology for a Lifetime Cable Network program which aired on August 20.

• **William Robinson,** senior vice president and chief financial officer, was interviewed by *The Boston Globe* (Aug. 11) regarding the financial impact of AIDS care and hospital budgets.

Pulse deadlines

Deadlines for *Pulse* submissions for coming issues are as follows:

November issue—**October 18**

December issue—**November 15**

Please send all submissions to Public Relations, Harris Hall 2, or call 2-8046.

October AIDS Grand Rounds

The next Employee Grand Rounds on AIDS will be held Wed., Oct. 4, from 1:30 to 2:30 p.m. in Joslin Auditorium. The featured speaker is Scott M. Hammer, M.D., infectious disease specialist. He will discuss basic AIDS information and advances in treatment and research at the Deaconess and elsewhere. The session will conclude with a brief question-and-answer period. All employees are encouraged to attend.

JCAHO survey visit nears

Surveyors from the Joint Commission on Accreditation of Healthcare Organizations will be at the Deaconess from Mon., Sept. 25 through Wed., Sept. 27. Two weeks prior to the visit, management will be notified of the names of the surveyors, departments to be surveyed and the types of records to be reviewed. At that time, affected departments will be contacted and conferences scheduled. For more information, contact Sandra Sullivan at ext. 2-8698.

News from the benefits office

Deaconess **pet owners** now can receive discounts for their pets' medical treatment through "PET," a benefit offered by Angell Memorial Animal Hospital in Jamaica Plain. The "PET" program packet, available in the Benefits Office, includes a $15 gift certificate for an initial outpatient visit. Employees who display their Deaconess I.D., can receive a 10 percent discount on outpatient services when payment is made in full. Angell Memorial offers convenient weekend and evening hours, 24-hour emergency services and free parking. For more information, or to pick up a program packet, call the Benefits Office at ext. 2-8222.

Complimentary passes to the **Comedy Connection** are available in the Benefits Office. Each employee is entitled to one pair of passes, valid Sundays through Thursdays through Dec. 30. The Comedy Connection is located at 76 Warrenton Street in downtown Boston.

Deaconess employees also may take advantage of **"Mass Buying Power"**—an organization offering discount prices on major appliances and auto purchases. To find out more, call Mass Buying Power (782-7131) or contact the Benefits Office at ext. 2-8222.

Christmas is just around the corner . . .

The Friends of the Deaconess have begun planning their annual Christmas bazaar, scheduled this year for Fri., Dec. 1. It's never too early to bring donations of hand-made goods to the Volunteer Office located in Harris Hall 103. For more details, call the Volunteer Office at ext. 2-8044.

Safety Office to hold seminars

Do you know how to stop a fire before it gets out of control? The Safety Office will hold two fire safety training sessions at 10 a.m. and 2 p.m. on Tue., Oct. 10, in Joslin Auditorium. Session leaders will demonstrate fire apparatus, extinguishers and smoke detectors, and discuss actions to take if a fire occurs. Each session lasts about one hour and qualifies as risk management training. For more information, contact the Safety Office at ext. 2-8698.

Patient Care Technicians graduate

Congratulations to the new graduates of the Patient Care Technician Program: **Katharine Dawson,** Farr 3; **Geneva Hall,** Palmer 4; **Shelley Hamilton,** Farr 7; and **Mary Moore,** Farr 10.

Fall fun for blood donors

Looking for a weekend getaway? One lucky Deaconess blood donor will win a weekend for two at the Marriott Copley Place. Donors who give during September and October will be eligible for the drawing, to be held at the Blood Donor Room Halloween Party on Oct. 31. Watch bulletin boards for party time.

Interns and residents also have an extra chance to win. Whoever recruits the most donors during September and October will win a weekend for two at the Boston Park Plaza Hotel. (One intern and one resident will win).

Thanks to the Outpatient Lab for its successful August blood drive! For further information on blood donation and donor room activities, call the Donor Room at ext. 2-9085.

Guest Quarters moves

Guest Quarters—a program offering low-cost accommodations to patients having same-day surgery, outpatient procedures, or post-operative admission—has moved from Kennedy Hall to Palmer 5. For details, contact Noreen Hurley at ext. 2-8130 or Jane Erskine at ext. 2-9886.

Pina Memorial Fund established

A memorial fund has been set up in honor of **Michael Pina,** a Longwood Security guard stationed at the Deaconess who died in June. Funds raised will benefit his daughter. Those wishing to contribute to the trust fund should send donations to: The Michael Pina Memorial Trust Fund, Attention: Kathryn Hawkins, BayBank—Boston, 333 Longwood Ave., Boston 02115.

Lose weight before the holidays!

Learn to eat, shop, cook and dine out the healthy way! Free yourself from counting calories **forever.** Tammy Evans, M.S., R.D., will teach a 10-week course sponsored by the Department of Dietetics. The class meets Wednesdays from noon to 1 p.m., beginning Sept. 27. Space is limited, so sign up now. For more information or to register, call Bonnie Strahan at ext. 2-8171.

Having trouble sleeping?

Deaconess researchers need participants for a 12-week study of a no-medication treatment of insomnia. Participants must be between 25 and 55 and require at least one hour to fall asleep three or more nights a week. Initial phone screenings will be conducted through Sept. 21. For more information, contact Gregg Jacobs, Ph.D., in Behavioral Medicine at ext. 2-9530.

Attention musicians

The Longwood Symphony Orchestra needs players for the 1989-90 season. The orchestra rehearses weekly at the Deaconess. Interested individuals should call the LSO office at 734-7512.

News of MASCO services

Longwood Eye Care, located at 417 Brookline Avenue, offers free glaucoma screenings for employees, students and family members of MASCO-affiliated institutions during the week of Oct. 16-20. No appointment is necessary. Hours are 9 a.m. to 6 p.m.

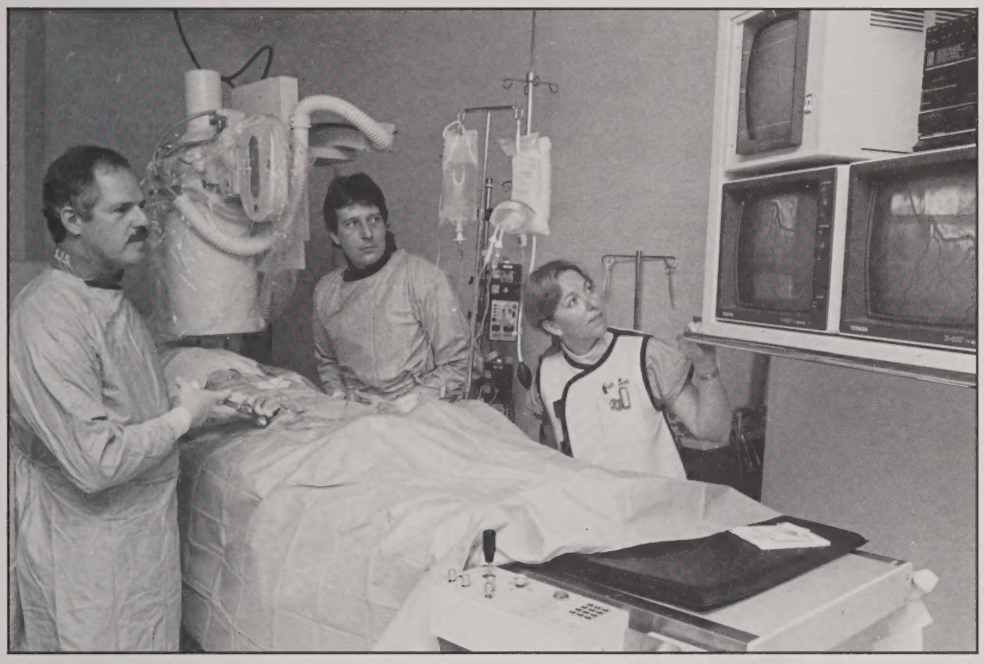
Financial Planning Associates has moved its offices to One Harvard St., Suite 303, Brookline Village. Offering a full range of financial counseling services, FPA is open from 9 a.m. to 5 p.m. weekdays, or by appointment. For more information, call 732-2395.

(continued on page 8)

Cardiac cath lab improves services

by Christine Hickey

To meet increasing demands for procedures, improvements have been made to the Cardiac Catheterization Laboratory on Deaconess 3. Cardiac catheterization is a diagnostic procedure in which a small tube (catheter) is threaded into the section of the aorta where the coronary arteries originate. When the catheter is in place, a dye is injected to define blood flow through the arteries. Then x-ray photographs of the heart and its vessels are taken to determine whether coronary artery disease and other conditions exist.



While Dr. Samuel Shubrooks (left), injects contrast dye, Dr. David Pladziewicz and Debra Wuensch, R.N., monitor blood flow.

"The new equipment now enables the staff to perform procedures faster and more efficiently," says Samuel Shubrooks, M.D., director of the Cardiac Catheterization Laboratory. "This is important because we have the largest volume of cardiac cath patients in Boston," he adds. Last year approximately 3,500 procedures were performed, with an expected annual growth rate of 20 percent.

The new equipment provides features such as an arm that rotates more easily around patients to obtain different views and better imaging devices, which allow the staff to work with greater ease and efficiency. As a result, a large number of patients—usually 15 per day (compared with 10 to 12 a day in the old lab) are seen. The new lab also accommodates increased capacity for angioplasty procedures, in which a balloon is threaded through the catheter to open clogged passages leading to and from the heart.

Curtis Smith, senior vice president for operations, says "The new lab is the first part of a two-million dollar plan to expand our staffing and equipment needs in cardiology. The hospital is committed to expanding this service which provides such excellent patient care."

Welcome to new employees

Joining the Deaconess during June and July were the following:

Accounting: Anthony Slabacheski, John Troise; **Admitting:** Mary Malia; **Administration:** Michael Schaeffer, Alicia Sorrell; **Affiliated Corporations:** Steven Davis; **Building Services:** Pedro Feures, Reynold Smith, Lafrique Vertus; **Cardiology:** Alan Morse, Paul Vivino; **Deaconess Medicine:** Donna Senato.

Dietetics: Jocelyn Binns, Joseph Brown, Keith Brown, Karen Chalmers, Mary Collari, Jean Exantus, Coreen Grant, Troy Hawley, Myrtle Jackson, John John, Martha Lebow, Jonathan Morrison, Tony Sanabria, James Thornton, Cordella Williams, Deloris Williams.

Deaconess Surgical Associates: Carmen Ennis, Theresa Roberts, Jo Ann Small, Melinda Stokes; **Deaconess Home Health Care:** Mark Kemp; **Deaconess Professional Practice Group:** Steven Boyce, M.D., Wayne Casper, M.D., Kelly Clark, Leonard Connolly, M.D., Kevin Dushay, M.D., Andrew Filderman, M.D., Stanley Ip, M.D., Laurie Katzman, M.D., Susan Kroop, M.D., Harold Levine, M.D., Heidi Powell, M.D., Mark Roberts, M.D., Daniel Sullivan, M.D.

Engineering & Maintenance: Peter Demetre; **Information Systems:** Alex Acquaah, John Amell, John Sebastian; **Joint Center for Radiation Therapy:** Stephanie Ambra, Theresa Gleason, Donna Vozzella; **Materials Management:** Ramon Gonzales, Uriel Santiago; **Medical East:** Hope Anthony, Sharon Kaveski, Edith Monroe; **Medical Records:** Maxine Davis.

Nursing: Robyn Borek, Laura Garelick, Theresa Griffin, Beth Klauser, Janice Mahoney, Sheena McLoughlin, Carolyn Moller, Lisa Ruggerio; **Pathology:** Paula Beakey, Calphor Carty, Jennifer Elwell; **Patient Transport:** Carlo Gardener, Frederick Russell; **Patient Financial Services:** Maria Mastropietro; **Pharmacy:** Vanessa Odlin; **Physician Financial Services:** Yim Keun Chu, Arline Colon, Elisabeth Guccione, Lainie McPhee, Francis Schreiber; **Radiation Therapy:** Christine Kenneally; **Radiology:** Anne Bridgham, Marsha Pocius, Janice Serino.

Research: Michael Badellino, Rose Ciulla, Kathy Decelle, Mark Finders, Ph.D., Barbara Fuller, Jacqueline Hood, Laura Hughes, Lenore Jackson, Theresa Kelley, Jennifer Killeen, Vincent King, Cynthia Korzelius, Christine MacLean, Barry Morse, Susan Pories, M.D., Annette Ragusta, Glen Schwaber, Karen Sofia, Raymond Staniunus, M.D., Peter Stonebridge, Gary Vanasse, Hee-Jong Woo, Ph.D., Annie Woon, Tonia Young-Fadok

Surgery: Helmut Kundler, Jane Pattison, Rachel Wulf; **Shields Warren Radiation Lab:** Jacqueline Leverone.

Ursula Brandt, Ph.D., medical psychologist, Behavioral Medicine, led the workshop "Quality of Life" at the Psychological Institute, Division of Rehabilitation Psychology, University of Freiburg, West Germany.

Blake Cady, M.D., chief of surgical oncology and associate professor, Harvard Medical School, delivered the Presidential Address to the Society of Surgical Oncology upon completing his term as president. He also presented "Hepatic Resection for Colorectal Metastases—Prognostic Features Governing Outcome."

Alice D. Domar, Ph.D., staff psychologist, behavioral medicine, and **Herbert Benson, M.D.**, chief of behavioral medicine and associate professor, HMS, presented a paper on the use of behavioral treatment for women with infertility to the International Academy of Sex Research. In addition, Benson, Domar, and behavioral medicine staff members **Steven Maurer, M.A.**, associate director; **Eileen Stuart, R.N., M.S.**, director of cardiovascular program, and **Ann Webster, Ph.D.**, fellow, conducted a training program entitled "The Relaxation Response: A Bridge Between Psychology and Medicine" at the Tenth Cape Cod Institute. The program was sponsored by the Department of Psychiatry, Albert Einstein College of Medicine.

Mary Doucet, R.N., M.S., C.C.R.N., critical care clinical specialist, and **Mary Ellen Le Brun, R.N., B.S.N.**, staff nurse, SICU-A, coauthored the article, "Liver Transplantation: Rejection Versus Sepsis" in the American Association of Critical Care Nurses/Greater Boston Chapter's *Chronicle*.

Gail Harkness, D.P.H., R.N., consultant, nursing research, presented, "Development of a Nosocomial Pneumonia Risk Scale," to the Association of Practitioners in Infection Control.

Robert Kane, M.D., chief of ultrasound and associate professor, HMS, was program director for a Harvard postgraduate course on ultrasound of the prostate, where he lectured on imaging and biopsy techniques. **Peter Littrup, M.D.**, radiology fellow, and **Paul Church, M.D.**, urologist and clinical instructor, HMS, also presented.

Basia Lutz, R.N., staff nurse in Radiation Therapy, has been certified by the Oncology Nursing Certification Board.

Cynthia Medich, R.N., M.S., cardiovascular nurse specialist in Behavioral Medicine, was invited to join the American Heart Association Cardiovascular Education Task Force, which plans AHA programs for nurses.

Janice Bell Meisenhelder, D.N.Sc., R.N., director of the Center for Nursing Research, has received funding from the Theta Chapter of Sigma Theta Tau, the International Nursing Honor Society, for her research: "Fear of Contagion in Registered Nurses: A Statewide Survey."

Cathy Owens, P.T., director of Rehabilitation Services, gave two presentations at the American Physical Therapy Annual Conference: "Pancreas Transplants and the Role of the Physical Therapist" and "Diabetic Shoulder—Limited Joint Mobility." The latter reported the results of a study involving many Deaconess employees.

Arturo R. Rolla, M.D., staff endocrinologist and assistant clinical instructor, HMS, was a visiting professor at University Hospital in San Jose, Costa Rica, where he lectured on inappropriate ADH Syndrome and protein glycosylation in diabetes mellitus.

Francis Wolfort, M.D., chief of plastic surgery and associate professor, HMS, was visiting professor at Columbia College of Physicians and Surgeons (Presbyterian Hospital) in New York.

Pulsebeats *(continued from page 6)*

Credit Union tips

A private auto sale is set for Sept. 21-23 at selected dealers in the Boston area. New cars will be discounted with low-cost, pre-approved financing available from the Alpha Credit Union. For further information, call ext. 2-8164.

Access your Alpha Credit Union account 24 hours daily with the expanded-service ATM card. The card can be used in any **Yankee 24** terminal and users can receive account information at any time.

Breast cancer researchers need participants

The Nutrition Coordinating Center is seeking women 50 and older with Staged 1 and 2 breast cancer to participate in the Women's Intervention Nutrition Study. The study assesses the use of a low-fat diet as supplementary therapy for breast cancer. Interested individuals should be within six months of mastectomy and currently not be following a specialized diet. For more information, call Jaimy Fields Honig, M.D., at ext. 2-9295.

Deaconess Hospital

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